



The LGBTQ-Affirmative Therapist Guild of Utah

www.lgbtqtherapists.com

In-Service Schedule 2016-17 Membership Year

Most regular Guild meetings are held on the 3rd Thursday of each month, unless otherwise specified in the schedule— please check the listings and descriptions for changes in dates, times, and location for some of the meetings. Typical agenda for our in-service meetings:

8:00 – 8:15 a.m.	Refreshments & Networking
8:15 – 9:45 a.m.	In-Service Program

Please note that we have moved our meeting location: Meetings are conducted at the Salt Lake County Division of Youth Services, 177 West Price Ave. (3610 S, just off West Temple), Salt Lake City, Utah 84115 - unless otherwise specified in the schedule. Parking is permitted anywhere in the parking lot. Enter the building through the main entrance, which is by the flag pole in the circular driveway. From there, there will be a receptionist or signage to point you in the right direction. This location is accessible for anyone with limitations of physical mobility.

CEU's have been approved for all in-service programs by Utah NASW and are free for Guild members & \$5 for non-members

Most in-service meetings are videotaped and posted on the Guild website for member-only access. CEU's are available for on-line viewing of in-service sessions.

Program Offerings:

09/15/16 **Gender Fluidity: Systemic and Therapeutic Considerations When Working With Children, Adolescents, and Families**
Young children and adolescents do not live in isolation; rather they are embedded into various systems (Family, School, Medical, Legal, Religion, Culture). Each of these systems directly impacts the development and experiences of the child. However, for children who identify as transgender, identity development and interactions with their environment can be substantially complex. This session will focus on clinical considerations and assessments to use when providing care and treatment for transgender youth and their families.
Presenters: Ryan Randall, LCSW and Colleen Kuhn, PhD

- 10/20/16 **Lessons to Learn From Couples Who Stay Together During Gender Transition**
 This session will challenge the historical bias that relationships in which one member pursues gender transition will fail. Several couples will share their experiences with maintaining - and even enhancing - their relationships through this process of change.
Presenters: 4 couples - 1 member of each couple is now transgender. Jim Struve, facilitator
- 11/17/16 **Transgender Medical Issues**
 This session will focus on educating clinicians about the basic medical issues that their clients might face. Clinicians will be educated about how to help their clients navigate the medical community as well as giving clinicians the basic terminology so they can relate closer with their clients.
Presenters: Breeze Hannaford, LCSW and the Salt Lake City Veterans Medical Team
- 12/01/15 **Helping Gender and Sexually Diverse Individuals Respond Effectively to Rejection**
 Note: 1st Thurs Rejection, whether it is romantic, familial, or work related, can hurt emotionally and physically. Gender and sexually diverse (GSD) individuals can experience added layers of distress due to the variety of ways they are rejected by society. This interactive workshop is designed to help providers learn a variety of ways to respond to rejection, discrimination, and stigma so that they can help GSD individuals positively adapt to loss and social oppression.
Presenter: Lee Beckstead, PhD
- 1/27/17 **Queer Theory and You: the Intersection of Gender, Race, and Class**
 Note: 2nd Fri. What in the world is queer theory? What surprising slants does it take on the notions of equality and diversity? Why in recent years has it taken by storm gay and lesbian studies—and key matters of (trans)gender, race and class? Presented in a humorous, accessible style, this talk will stretch your thinking on what you think you know (and our culture thinks it knows) about important issues surrounding your genitals, clothing, childhood, and “shame.”
 5 - 7 p.m. **Presenter:** Kathryn Bond Stockton, Associate Vice President for Equity and Diversity, University of Utah; Distinguished Professor of English.
 Joint session with WPP, AWP, & the Guild
Location Note: This program will meet at The Den – University of Utah Student Union
 CEU’s for psychologists pending for this presentation
- 02/16/17 **White Privilege**
 Following up on last year's workshop on how to increase the Guild's inclusion efforts The aim of this session is to increase awareness of white privilege and what it means to be white in the U.S., with the intention of increasing multicultural competence and enhancing our ability to work effectively with clients and colleagues of color.
Presenters: Guild Working Group on Race, Inclusion, and White Privilege (Molly Butterworth, Kristy Bartley, Terri Busch, Susan Lyons, Mary Stanley, Diana Thomas)

2/18/17 **Virtue**
Note: 2nd Sat. Plan-B Theatre World Premier by Morag Shepherd
4 – 6 p.m. Poet, composer, writer, herbologist, midwife and Christian mystic, Abbess Hildegard would have been a revolutionary now as well as in the Twelfth Century when she lived. Her vigorous, otherworldly life raises profound questions: In a battle between spiritual conviction and institutional rules, which should win? What counts for more: theology or experience? And especially, who may we love?
Post-Performance Salon: A 1 hour Guild-specific Salon Discussion will follow this production, to provide an opportunity for members of the Guild to discuss the play with the **Playwright (Tim Slover), Director (Jerry Rapier), and Actors (Jay Perry, Shane Rogers, Emilie Eileen Starr, and Christy Summerhays).**
This performance and post-play salon will be conducted at Plan-B Theatre, 138 West Broadway, Salt Lake City)
NOTE: 2 hours of CEU's available for attending the play and the salon.
PLEASE NOTE THAT A LIMITED NUMBER OF 2 FOR 1 TICKETS ARE AVAILABLE AND MUST BE PURCHASED IN ADVANCE (Use code: MEMBER) - FIRST COME, FIRST SERVE; YOU ARE URGED TO ORDER TICKETS SOON IF YOU WANT TO ATTEND

3/12/17 **Harbur Gate - Salt Lake Acting Company**
Note World premier by Kathleen Cahill (playwright) & Directed by Tamilla Woodard
Sun. 1 p.m. Harbor Gate is a powerful story about a diverse group of veterans made up of men and women who are both gay and straight, and tells of how their experiences in the military has affected them in profound ways.
Post-Performance Salon: A 1-hour post play Guild-specific Salon Discussion will follow this production, to provide an opportunity for members of the Guild to discuss the play with the Director, actors, and producers.
Salt Lake Acting Company is located at 168 W. 500 N. SLC 84103
Tickets - call 801.363.7522 (Group price: \$25; 30/under: \$18, Student: \$15)
NOTE: 2 hours of CEU's available for attending the play and the salon.

3/16/17 **Understanding Porn Addiction: A Sex Positive Approach to Problematic Sexual Behavior**
In April of 2015, Utah became the first state to declare pornography a public health crisis. Individuals, couples and families are in distress and sex addiction treatment centers are answering the call. LGBTQ clients are particularly vulnerable around issues of pornography or sexuality that does not align with mainstream norms and need competent sex positive therapists more than ever. We will discuss the challenges of approaching pornography from a sex addiction model, how we can use the presenting issue of porn as a way to help our clients gain more insight into themselves and their sexuality and treatment options and approaches.
Presenter: Kristen Hodson, LCSW - The Healing Group

3/25/17 **Not One Drop**

Note: 4th Sat. Plan-B Theatre World Premier by Morag Shepherd

4 – 6 p.m. A sideways glance at the roles we play to convince ourselves we are(n't) who we think we are. Intimacy, identity, body image, sex, drugs, language, authorship, power, life, death, a fall, a push, a murder.

Post-Performance Salon: A 1-hour Guild-specific Salon Discussion will follow this production, to provide an opportunity for members of the Guild to discuss the play with the **Playwright (Morag Shepherd), Director (Jerry Rapiere), and Actors (Colleen Baum and Latoya Cameron).**

This performance and post-play salon will be conducted at Plan-B Theatre, 138 West Broadway, Salt Lake City)

NOTE: 2 hours of CEU's available for attending the play and the salon.

PLEASE NOTE THAT A LIMITED NUMBER OF 2 FOR 1 TICKETS ARE AVAILABLE AND MUST BE PURCHASED IN ADVANCE (Use code: MEMBER) - FIRST COME, FIRST SERVE; YOU ARE URGED TO ORDER TICKETS SOON IF YOU WANT TO ATTEND

3/31 & 4/1/17 **Increasing Clinical Competency: Ethical Approaches for Working Across the Spectrum of Gender**

This interactive ethics workshop will provide an overview of ethical issues that emerge in working with the dynamic experiences of gender. Included will be an exploration of the vast spectrum of gender, the language that limits or expands our ability to work with this spectrum, clinical approaches to use when providing care and treatment for transgender and gender non-conforming individuals and their families, and the range of factors that individuals and families encounter within the context of their age and developmental stage of life. 6 ethics ceu's will be available for this day-long workshop.

The Saturday session will include a working lunch, with opportunity for extended Q & A; lunch will be provided as part of registration fee. Participants who attend the lunch session will receive an additional 1 CEU hour.

The workshop will be supplemented with a 3-hour pre-conference session from 6 – 9 p.m. on Friday evening. This session will include 2 panels, each of which will be interactive with the audience: 1 panel will be comprised of parents for youth who are addressing their transgender identity and 1 panel will be comprised of individuals who have dealt with their transgender identity later in life. The Friday evening session will only be open to registrants for the Saturday day-long workshop. Participants who attend the Friday evening session will receive 3 ethics CEUs.

Participants who attend all sessions will receive 10 CEUs

Presenters: Candice Metzler, MS; Colleen Kuhn, PhD.; Ryan Randall, LCSW
(*This workshop will be conducted at the University of Utah College of Social Work – the registration fee for this workshop is not included as free for Guild members. However, Guild members will be eligible for discounted registration.*)

- 04/20/17 **Addictions**
This session will introduce clinicians to the common clinical issues faced when working with clients with a substance abuse diagnosis. As part of this presentation, participants will learn about the resources available to help their clients who are struggling with substances.
Presenter: Josh Bytendorp, LCMHC
- 05/18/17 **Family Acceptance Project**
This session will provide an update on research being conducted by the Family Acceptance Project. Particular attention will be given to considerations about suicide.
Presenter: Jania Sommers, LCSW
- 06/15/17 **Polyamory Panel**
Everything you've always wanted to know about working with people who are polyamorous but didn't know who to ask. The Utah Polyamory Society will provide a panel of people who will share their knowledge and experiences of practicing polyamory. They have agreed to educate the Guild therapists on the basics of poly relationships, answer questions, and share with therapists some dos and don'ts of working with clients who are poly.
Presenter: Jenn Stauffer, Utah Polyamory Association. The Utah Polyamory Society is a social and peer-support group for people currently engaging in or interested in learning more about polyamory. We define polyamory as mutually consensual non-monogamy, a relationship style among adults that values open communication but does not require exclusivity.
- 7/16/17
Sun 1pm **Saturday's Voyeur - Salt Lake Acting Company**
Saturday's Voyeur is an annual musical satire that celebrate the ridiculousness of living in Utah! "We have never before have done a talk-back for Voyeur and think it would be an amazing exclusive to offer the Guild."
Play length: 2 hours
Post-Performance Salon: A 1-hour Guild-specific Salon Discussion will follow this production, to provide an opportunity for members of the Guild to discuss the play with the Director, actors and producers. Salt Lake Acting Company is located at 168 W. 500 N. SLC 84103
Tickets - call 801.363.7522 (Group price: \$40.00)
NOTE: 2 hours of CEU's available for attending the play and the salon.