



The LGBTQ-Affirmative Therapist Guild of Utah

www.lgbtqtherapists.com

In-Service Schedule 2015-16 Membership Year

Most regular Guild meetings are held on the 3rd Thursday of each month, unless otherwise specified in the schedule— please check the listings and descriptions for changes in dates, times, and location for some of the meetings. Typical agenda for our in-service meetings:

8:00 – 8:15 a.m. Refreshments & Networking
8:15 – 9:45 a.m. In-Service Program

Meetings are conducted at the offices of MindBody Wisdom (77 South 700 East - #200) unless otherwise specified in the schedule – NOTE: please park in the upper (outside) parking lot. This location is accessible for anyone with limitations of physical mobility.

CEU's have been approved for all in-service programs by Utah NASW and NBCC (courtesy of the Utah Mental Health Counselor's Association); CEU's are free for Guild members & \$5 for non-members

Most in-service meetings are video taped and posted on the Guild website for member-only access. CEU's are available for on-line viewing of in-service sessions.

Program Offerings:

- 09/17/15: **“Emerging Trends in the Languages of Sexual/Gender Identities”**
The wave of research on sexual fluidity plus the greater acceptance for open discussion about sexual identity/orientation have created challenges to communicating with clients and understanding the changing paradigms of clients. This presentation will focus on issues of "linguaging" when dealing with sexual identity/orientation. Included will be attention to the impact of the current trends for challenging binary categorizations of sexual and gender identities.
Presenter: Lisa Diamond , Ph.D. – Professor of Developmental Psychology, University of Utah.
- 10/15/15: **“Addressing Personal Biases With Self-Compassion”**
This session will be a participatory exploration of biases we each may hold and how these biases impact the internal and external relational dynamics between client and therapist.
Presenters: Diana Thomas, CMHC and Jake Van Epps, M.Ed

11/14/15
Note 2nd
Sat., 2 p.m.

"Tribes" by Nina Raine - Salt Lake Acting Company

Billy, born deaf into a hearing family, has adapted brilliantly to their unconventional ways, but they've never returned the favor. It's not until he meets Sylvia, a young woman on the brink of deafness, that he finally understands what it means to be understood.

Play length: Approximately 2 1/2 hours with one intermission

Post-Performance Salon: A 1 hour Guild-specific Salon Discussion will follow this production, to provide an opportunity for members of the Guild to discuss the play with the Director (Alexandra Harbold), Actors (Stephen Drabicki, Paul Kiernan, Ali Lente, Sarah Shippobotham, Matthew Sincell, Amy Ware) and ASL Interpreters (Maggie Smith, Emily Longshore).

Salt Lake Acting Company is located at 168 W. 500 N. SLC 84103

Tickets - call 801.363.7522 (Group price: \$25; 30/under: \$18, Student: \$15)

NOTE: 2 hours of ceu's available for attending the play and the salon.

11/19/14: **"Feminist Perspectives on Power in Relationships"**

This session will begin with a conversation amongst 4 individuals from 2 long-term couples, one lesbian and one gay. The conversation will then be opened to participants to share in this exploration of the similarities and differences in power dynamics within female and male same-sex couples.

Presenter: Donna Hawxhurst, Ph.D. - Training Coordinator, University of Utah Women's Resource Center; **Sue Morrow, Ph.D.** - Professor, University of Utah Dept. of Educational Psychology; **Jeff Bell, LCSW** - Private Practice; and **Jim Struve, LCSW** - Private Practice.

12/03/15 **"Living Openly 'Out' As LGBT Within Communities of Faith"**

Note: 1st Thurs
Communities of faith have varying degrees of acceptance of LGBT individuals, couples, and families. This session will explore the current-day complexities of living openly LGBT within faith communities.

Presenters: Monica Hall, Pastor of Trinity Presbyterian of Ogden and **Scott Dalgarno**, Pastor of Wasatch Presbyterian of Salt Lake City

1/08/16 **"Multicultural Counseling Competence"**

Note: 2nd Fri.
5 - 7 p.m.
The emphasis on multicultural counseling competence for over four decades warrants a close examination of the relationship of multicultural counseling competence to cross-cultural interactions, clinical processes, and treatment outcomes. This presentation will briefly summarize a current understanding of multicultural counseling competence based on existing literature, introduce emerging directions for multicultural counseling competence research and discuss implications for practice and training of mental health providers.

Presenter: Karen Tao, PhD - Associate Professor, University of Utah Dept. of Educational Psychology

Joint session with WPP, AWP, & the Guild

Location Note: This program will meet at The Den - University of Utah Student Union
Ceus for psychologists pending for this presentation

02/18/16: **"Co Creating A More Inclusive Culture For LGBTQ Affirming Therapists"**

This in-service will address the challenges that face the Guild to become an organization that is effectively and intentionally inclusive and representative of people of color. To this end we will reflect upon our personal levels of sensitivity for 1) working with LGBTQ clients of color and 2) actively connecting with therapists of color. The objective is to increase our knowledge and resources for working as a multicultural/multidisciplinary network.

Presenter: Denise Frances Montano, PhD & Debra Daniels, LCSW

NOTE: There will be a half-day follow-up working in-service to this session on Saturday, March 12th - see information listed in the schedule below.

2/27/15

Note: 4th

Sat. – 2 p.m.

"Streetlight Woodpecker" by Shawn Fisher (World Premiere) - Salt Lake

Acting Company

Streetlight Woodpecker tells the story of Benji, a Marine who has returned to his Philadelphia neighborhood after being injured during battle. Returning not only with the medals he earned, but also the scars, Benji must now face the emotional turmoil he left behind when he went to war.

Post-Performance Salon: A 1 hour Guild-specific Salon Discussion will follow this production, to provide an opportunity for members of the Guild to discuss the play with the Playwright (Shawn Fisher), Director (Richie Call), and Actors (Carleton Bluford, Olivia Custodio, Stefan Espinosa, Matthew Sincell).

Salt Lake Acting Company is located at 168 W. 500 N. SLC 84103

Tickets - call 801.363.7522 (Group price: \$25; 30/under: \$18, Student: \$15)

Play length: Approximately 1 hour 45 minutes, no intermission

NOTE: 2 hours of ceu's available for attending the play and the salon.

3/05/16:

Note: 1st Sat.

4 – 6 p.m.

"Based On A True Story"

Plan-B Theatre World premier by Elaine Jarvik

Megan is stuck. She may never get back to her husband and life and bemoans her bad fortune. But when fellow refugee Chuck befriends her, it's clear that his story is even more complicated and intriguing than her own. BASED ON A TRUE STORY examines relationships and irreparable choices and delves into the ways narrative – both personal and historical – can affect the future and our sense of who we are..

Post-Performance Salon: A 1 hour Guild-specific Salon Discussion will follow this production, to provide an opportunity for members of the Guild to discuss the play with the **Playwright (Elaine Jarvik), Director (Cheryl Cluff), and Actors (Nell Gwynn, Mark Fossen, Jason Bowcutt, & Colleen Baum.**

This performance and post-play salon will be conducted at Plan-B Theatre, 138 West Broadway, Salt Lake City)

NOTE: 2 hours of ceu's available for attending the play and the salon.

PLEASE NOTE THAT A LIMITED NUMBER OF 2 FOR 1 TICKETS ARE AVAILABLE AND MUST BE PURCHASED IN ADVANCE (Use code: MEMBER) - FIRST COME, FIRST SERVE; YOU ARE URGED TO ORDER TICKETS SOON IF YOU WANT TO ATTEND

3/12/15

9 a.m.–1 p.m.

CO CREATING A MORE INCLUSIVE CULTURE FOR LGBTQ AFFIRMING

THERAPISTS: THE DIALOGUE

An extension of the February 18th in-service, "Co creating a more inclusive culture for LGBTQ Affirming Therapists," this experiential workshop will take the challenges that face the Guild to become a more effectively inclusive organization to the personal. We will address inclusion as a practice that goes beyond having a progressive mind and being open to individual differences i.e., race, sexuality, gender expression and other identities. The practice of diversity and inclusion is an active lifelong developmental process that involves intentional self-reflection, self-examination and action. Using dialogue, narratives, and experiential activities we will explore the relevance and usefulness of deepening our commitment to and practice of inclusion. Participants will have opportunities to expand and deepen both personal and collective cultural humility.

The objective of this workshop is to increase our knowledge and resources for personal and collective development with the goal of becoming more accessible to LGBTQ clients of color and actively connecting with LGBTQ affirming therapists of color.

Dialogue Facilitators: Debra Daniels, LCSW; Kai Martinez, LCSW; Myles Davis, CSW; Denise Francis-Montano, PhD

Location: This session will be conducted in the Conference Center of the University of Utah School of Social Work, 395 South 1500 East, Salt Lake City, UT. 84112. Parking lot adjacent to the building is free on Saturdays.

NOTE: LIMITED TO 25 PARTICIPANTS - ADVANCED REGISTRATION IS REQUIRED – SUBMIT YOUR REQUEST TO JIM STRUVE AT jim@lgbtqtherapists.com - This session is free --4 ceu's have been approved for this session--

3/17/16: **“Mixed Orientation Marriages ”**

This session will explore the dynamics of mixed orientation marriages.

Presenters: Mary Fisher, CMHC – Private Practice & Amy Fehlberg, PhD – Private Practice

4/09/16: **“Kingdom of Heaven”**

Note: 2nd Sat. Plan-B Theatre World Premier by David Evanoff (music and lyrics) & Jenifer Nii (book & lyrics)

4 – 6 p.m. Marriage, motherhood, and faith were enough for Mary Jane – until one day she opens her mouth to sing and finds her true self. Now her newfound direction threatens to alienate her husband and closest friend and destroy the life she’s worked so hard to build. A poignant portrait of one woman who realizes her true nature and has courage to give it voice.

Post-Performance Salon: A 1 hour Guild-specific Salon Discussion will follow this production, to provide an opportunity for members of the Guild to discuss the play with the **Playwrights (David Evanoff & Jenifer Nii), Director (Jerry Rapier), and Actors (Jeanette Puhich, Kirk Bateman, & Susanna Florence Risser).**

This performance and post-play salon will be conducted at Plan-B Theatre, 138 West Broadway, Salt Lake City)

NOTE: 2 hours of ceu’s available for attending the play and the salon.

PLEASE NOTE THAT A LIMITED NUMBER OF 2 FOR 1 TICKETS ARE AVAILABLE AND MUST BE PURCHASED IN ADVANCE (Use code: MEMBER) - FIRST COME, FIRST SERVE; YOU ARE URGED TO ORDER TICKETS SOON IF YOU WANT TO ATTEND

04/21/16: **“The Impact of Sexual Trauma on Sexual/Gender Identity & Expression”**

This session will provide an opportunity to hear the voices of several male survivors of sexual trauma who identify as gay/bisexual/transgender. The focus will be to explore the variety of ways that sexual trauma may impact sexual/gender identity and expression.

Presenters: Jim Struve, LCSW – Private Practice and co-author of forthcoming publication on this topic; several survivors (TBA) who will share their experiences.

NOTE: This in-service will not be videotaped to respect the confidentiality of survivor participants in this session.

05/19/16: **"Special Issues For Sexual Minorities Within Plural Families"**

This session will address issues of rigidity and fluidity, acceptance and rejection about when members of a plural family identify as LGB or T.

Presenter: TBA (A panel of youth who grew up in plural families)

06/16/16: **“Working With Youth In Families When Parents Are or Have Come Out “**

This session will focus on the impact on youth when a parent comes out as LGB or T.

Presenters: Chad Anderson, LCSW – Private Practice.